CANCER SCREENING RESOURCE KIT FOR PRIMARY CARE

- 1. GENERAL CANCER SCREENING
- 2. BOWEL SCREENING
- 3. BREAST SCREENING
- 4. CERVICAL SCREENING
- 5. ABORIGINAL AND TORRES STRAIT ISLANDER CANCER SCREENING
- 6. ENGAGING WITH UNDERSCREENED COMMUNITIES
- 7. CPD EDUCATION

An Australian Government Initiative

This resource kit was developed in collaboration by the following partners:



1. GENERAL CANCER SCREENING

Cancer Screening Hub

Information on the three national cancer screening programs and eligibility, ways to improve screening, and patient resources.

Cancer Council Victoria

https://screeningresources.cancervic.org.au

National Cancer Screening Register (NCSR)	HealthPathways	Optimal Cancer Care Pathways
Information for healthcare providers	HealthPathways is a free web-based portal for use	The optimal cancer care pathways (OCPs) map the
The NCSR allows health care providers to access	by clinicians at the point of care and to access	patient journey to promote quality cancer care.
patient cervical and bowel cancer screening data	evidence- based, locally accessible patient	The resources identify critical points along the
in real time. This is done through the Register's	pathways.	care pathway and the recommended care at each
Healthcare Provider Portal or integration with		point.
clinical software.	Primary Health Networks	 Aboriginal and Torres Strait Islander Optimal Cancer Care Pathway
National Cancer Screening Register		 Breast Cancer Optimal Cancer Care Pathway
		 Colorectal Cancer Optimal Cancer Care
		Pathway
		PACED (Implementing Pathways for Cancer
		Early Diagnosis) resources
		Endorsed by the National Cancer Expert Review
		Group, Cancer Australia, Cancer Council Australia,
		and the Australian Health Ministers Advisory
		Council
https://www.ncsr.gov.au/information-for-healthcare-providers/	https://vtphna.org.au/care-pathways-and-referral/	https://www.cancervic.org.au/get-support/for-health-
		professionals/optimal-care-pathways

GENERAL CANCER SCREENING (CONT'D)

NWMPHN Primary Care Quality Improvement	Early Detection Saves Lives
Activities	Cancer Council Victoria's Early Detection
Quality improvement templates are available for	campaign aims to increase the number of
general practices to improve patient outcomes	Victorians practicing early detection and health
and deliver best practice care. There are cancer	seeking behaviours to protect more people from
screening QI templates available for breast, bowel	cancer. This includes seeing a healthcare
and cervical screening	professional when they notice unexplained
	symptoms and booking a health check.
North Western Melbourne PHN	
	Cancer Council Victoria
https://nwmphn.org.au/qi-activities/	https://www.cancervic.org.au/cancer-information/screening/early-
	detection

2. BOWEL SCREENING

Clinical Resources

National Bowel Cancer Screening Program: Alternative access to bowel screening kits for healthcare providers To increase bowel cancer screening rates, healthcare providers can now bulk order kits to issue to eligible patients during an appointment.

Australian Government Department of Health

https://www.health.gov.au/our-work/national-bowel-cancer-screening-program/alternative-access-to-bowel-screening-kits-for-healthcare-providers

Clinical practice guidelines for the prevention,	Victorian Colonoscopy Categorisation Guidelines	Colonoscopy referral information form
early detection and management of colorectal	These guidelines outline the optimal categories	This form provides the essential information
cancer	for prioritising colonoscopy patients in Victoria and provide key information required from	referrers must include to facilitate a referral for a colonoscopy procedure.
Cancer Council Australia	referring clinicians.	Victorian Department of Health and Human
	Victorian Department of Health and Human	Services
	Services	
https://www.cancer.org.au/clinical-guidelines/bowel-cancer/colorectal- cancer	https://www.health.vic.gov.au/publications/colonoscopy-categorisation- guidelines	https://www.health.vic.gov.au/publications/colonoscopy-referral- information-0

BOWEL SCREENING (CONT'D)

Clinical Resources		
GP Referral Guide for Lynch syndrome risk		
assessment		
Cancer Council Victoria		
https://www.cancervic.org.au/get-support/for-health-professionals/gp- program/familial-cancer-online-training-and-education- resources#:~:text=GP%20referral%20guide%20for%20Lynch%20syndrome		
%20risk%20assessment%3A%20%C2%A0Cancer%20Council%20guide%20t o%20support%20GPs%20to%20risk%20assess%20patients%20for%20Lynch		
%20syndrome%20mutated%20genes%20and%20refer%20them%20to%20a %20Familial%20Cancer%20Centre		
Patient Resources		
Information for participants about bowel	Bowel Screening Saves Lives	
screening and an instructional video about the		
NBCSP Home Test Kit	Cancer Council Victoria	
Cancer Council Australia		
http://www.bowelcancer.org.au/	https://www.cancervic.org.au/bowel#:~:text=The%20simple%2C%20free%	
	20screening%20test,home%20test%20every%20two%20years	

3. BREAST SCREENING

Clinical Resources

Breast screening information for health professionals

BreastScreen Victoria

https://www.breastscreen.org.au/health-professionals/

What is the difference between a screening and diagnostic mammogram?

A digital version of information about the differences between a screening mammogram and a diagnostic mammogram.

BreastScreen Victoria

https://www.breastscreen.org.au/resources/health-professionals/#:~:text=breastscreen.org.au-,Resources%20for%20health%20professionals,-What%20is%20the

When to recommend a breast screen

Factsheet about when to recommend a breast screen (screening mammogram) through BreastScreen Victoria, versus when to refer to a diagnostic pathway.

BreastScreen Victoria

https://www.breastscreen.org.au/resources/health-professionals/#:~:text=breastscreen.org.au-,Resources%20for%20health%20professionals,-What%20is%20the

BREAST SCREENING (CONT'D)

Clinical Resources		
When should GPs recommend screening?	iPrevent	Position Statement on Breast Density and Screening
When to recommend a breast screen, with	iPrevent [™] is a breast cancer risk assessment and	within the BreastScreen Australia Program
video	risk management decision support tool designed to	Please be aware that BSV does not measure or
	facilitate prevention and screening discussions	report on breast density. See the position statement
BreastScreen Victoria	between women and their doctors.	for further information on breast density and
Breastscreen victoria	between women and their doctors.	
		screening.
	Peter MacCallum Cancer Center	
		Australian Government Department of Health,
		endorsed by the BreastScreen Australia Program
		Management Group
https://www.breastscreen.org.au/health-professionals/when-should-	https://www.petermac.org/health-professionals/prevention-and-	https://www.health.gov.au/resources/publications/breastscreen-australia-
gps-recommend-screening/	assessment-tools/iprevent-information-for-health-practitioners	position-statement-on-breast-density-and-
		screening?language=en#:~:text=BreastScreen%20Australia%20%E2%80%93%20 2020%20position%20statement%20on%20breast%20density%20and%20screen
		ing
Breast Density Overview	Breast/chest screening for trans and gender	Breast screening and a previous diagnosis of
BreastScreen Victoria understand the risks	diverse people	breast cancer
associated with breast density and its impact	For information about breast/chest health, breast	Eligible Victorians can return to the BSV program five
on breast cancer screening.	cancer and screening for trans and gender diverse	years after a breast cancer diagnosis (with
They have developed answers to commonly	people, including trans and gender diverse	consultation from specialists)
asked questions about breast density to better	inclusive practices.	
inform you about its relevance to breast		BreastScreen Victoria
health.	BreastScreen Victoria	
BreastScreen Victoria		
https://www.breastscreen.org.au/breast-cancer-and-	https://www.breastscreen.org.au/community-support/trans-and-gender-	https://www.breastscreen.org.au/resources/community/#:~:text=DOWNLOAD Breast%20screening%20in%20general,-Breast%20screening%20with
screening/screening-methods-and-diagnosis/what-are-dense-breasts/	diverse-people/	,Breast%20screening%20in%20general,-Breast%20screening%20With

BREAST SCREENING (CONT'D)

Clinical Resources		
Family history of breast screening: referral and management summary for GPs BreastScreen Victoria's family history risk	eviQ Referral guidelines for breast cancer risk assessment and consideration of genetic testing	GP Referral Guide for BRCA1 and BRCA2 risk assessment
assessment tool uses the self-reported information clients provide about their personal and family history of breast and ovarian cancer to estimate their personal risk of developing breast cancer When a client is at moderate or high risk, BSV will provide GPs with an information sheet based on the client's responses. GPs are encouraged to complete a risk assessment with these clients prior to specialist referral to ensure accuracy.	Cancer Institute NSW	Cancer Council Victoria
BreastScreen Victoria		
https://www.breastscreen.org.au/resources/health- professionals/#:~:text=breastscreen.org.au- ,Resources%20for%20health%20professionals,-What%20is%20the	https://www.evig.org.au/cancer-genetics/referral-guidelines/1620-breast- cancer-referring-to-genetics	https://www.cancervic.org.au/get-support/for-health-professionals/gp- program/familial-cancer-online-training-and-education- resources#:~:text=GP%20referral%20guide%20for%20BRCA1%20and%20BRCA2 %20risk%20assessment%3A%20Cancer%20Council%20guide%20to%20support% 20GPs%20to%20risk%20assess%20patients%20for%20BRCA1%20and%20BRCA2 %20mutated%20genes%20and%20refer%20them%20to%20a%20Familial%20Ca ncer%20Centre.
Resource order form for Health Professionals BreastScreen Victoria		
https://www.breastscreen.org.au/resources/health- professionals/#:~:text=breastscreen.org.au- ,Resources%20for%20health%20professionals,-What%20is%20the		

BREAST SCREENING (CONT'D)

Patient Resources		
BreastScreen Victoria Community Resources BreastScreen Victoria webpage to View and download resources about the BreastScreen Victoria program and breast screening in general.	Translated BreastScreen Victoria Translations of key resources BreastScreen Victoria has translated a range of resources and information sheets into over 20 languages. These can be read online or downloaded and printed.	My Journey Online Breast Cancer Network Australia (BCNA) provides support to people who have a positive diagnosis. BSV recommends those with a positive diagnosis to contact BCNA. BSV registers clients for the 'My Journey Online' tool.
BreastScreen Victoria	BreastScreen Victoria	We encourage GPs to promote this resource as well as link patients in with a local breast care nurse. Breast Cancer Network Australia
https://www.breastscreen.org.au/resources/community/	https://www.breastscreen.org.au/resources/translations/	https://www.bcna.org.au/my-journey/
iPrevent™		
iPrevent™ is a breast cancer risk assessment		
and risk management decision support tool		
designed to facilitate prevention and		
screening discussions between women and		
their doctors.		
Peter MacCallum Cancer Center		
https://www.petermac.org/iprevent		

4. CERVICAL SCREENING

Clinical Resources

National Cervical Screening Program website for healthcare practitioners

Australian Government Department of Health

https://www.health.gov.au/our-work/national-cervical-screening-program/providing-cervical-screening

National Cervical Screening Program: Guidelines for the management of screen-detected abnormalities, screening in specific populations and investigation of abnormal vaginal bleeding

Cancer Council Australia

https://www.cancer.org.au/clinical-guidelines/cervical-cancer/cervical-cancer-screening

HPV Self-Collection Information – for practitioners

ACPCC

https://acpcc.org.au/practitioners/self-collection/

CERVICAL SCREENING (CONT'D)

Clinical Resources		
Cervical screening resources for healthcare practitioners	Cervical screening: Supporting your patient to make the choice Guide for practitioners to support conversations	How to take your own HPV test This includes patient self-collection instructions in multiple languages.
ACPCC	with patients about cervical screening options.	ACPCC
https://acpcc.org.au/practitioners/clinical-resources/	https://acpcc.org.au/practitioners/clinical- resources/#:~:text=Cervical%20Screening%3A%20Supporting%20your %20patients%20to%20make%20the%20choice	https://acpcc.org.au/practitioners/clinical- resources/#:~:text=How%20to%20take%20your%20own%20HPV%20test%20(2 0%20languages)
Home-Based HPV Self-Collection VCS Pathology referring practitioners can offer a home self-sampling kit to patients via a	Sexual assault and cervical screening: A guide for practitioners	Female Genital Cutting (FGC) and cervical screening: A guide for practitioners
telehealth consultation.	CASA Forum and Cancer Council Victoria	Cancer Council Victoria and Women's Health West FARREP Program
ACPCC https://acpcc.org.au/practitioners/clinical- resources/#:~:text=Healthcare%20Practitioner%E2%80%99s%20Guid e%20to%20Home%20Based%20Self%2Dcollection	https://www.cancervic.org.au/get-support/for-health-professionals/cervical- screening-providers/cervical-screening- resources#:~:text=Sexual%20Assault%20%26%20Cervical%20Screening%3A %20a%20resource%20for%20health%20care%20professionals	https://www.cancervic.org.au/get-support/for-health-professionals/cervical- screening-providers/cervical-screening- resources#:~:text=Female%20Genital%20Cutting%20%26%20Cervical%20Screening%3A%20a%20guide%20for%20practitioners
Nurse Ambassador Program	Nurse Cervical Screening Provider Certification	Cervical screening provider directory
This program includes workshops that increase skills and knowledge in cancer screening and prevention activities, with a focus on understanding the barriers and enablers in working with underscreened communities.	Information about Victorian cervical screening training providers and Nurse Cervical Screening Provider certification requirements. <i>Cancer Council Victoria</i>	Nurse Cervical Screening provider directory Nurse Cervical Screening Providers and GPs can add their practice into the directory. A Cervical screening provider directory on Cancer Council Victoria's website where women and people with a cervix can find a screening provider to meet their needs.
Cancer Council Victoria https://www.cancervic.org.au/for-health-professionals/cervical- screening-providers/nurse-ambassador-program	https://www.cancervic.org.au/for-health-professionals/cervical-screening- providers/nurse-cervical-screening-provider-certification	https://www.cancervic.org.au/cervical-screening-test/providerdetails.asp

CERVICAL SCREENING (CONT'D)

Patient Resources		
Cervical Screening Tests and you Information for the public and participants about cervical screening, self-collection and results.	What do my cervical screening results mean? Brochures explaining cervical screening test results.	Cervical Screening Provider Directory This is a directory to help women or people with a cervix to find a screening provider to meet their needs. They can search on criteria such as bulk billing, female providers, languages spoken, sensitive sexual
ACPCC		assault trained, LBGTIQ, and disability access.
https://acpcc.org.au/screening/	https://acpcc.org.au/screening/understanding-results/	https://www.cancervic.org.au/cervical-screening-test/where.asp
National Cervical Screening Program: Information for the public and participants	Caring for your health: cervical screening A short video in plain English about the importance of cervical screening.	
	Cancer Council Victoria and Multicultural Centre for Women's Health	
https://www.health.gov.au/our-work/national-cervical-screening- program/getting-a-cervical-screening-test	https://www.youtube.com/watch?v=UqBC1stTQ14	

5. ABORIGINAL AND TORRES STRAIT ISLANDER SCREENING

Clinical Resources

NACCHO-RACGP Resource Hub

Supporting effective, culturally safe primary healthcare

Royal Australian College of General Practitioners and the National Aboriginal Community Controlled Health Organisation https://www.racgp.org.au/the-racgp/faculties/atsi/cultural-safety

'Talking to Community about Bowel, Breast and Cervical Screening' online training course Free course comprised of self-paced modules taking approximately 30 mins to complete each. These support Aboriginal Health Workers, Aboriginal Health Practitioners and other health professionals to reach Aboriginal and Torres Strait Islander communities with cancer screening messages.	 'Asking the Question' project resources Resources for general practices, including: Training video for staff Cultural awareness self-audits and information Poster about asking the question Acknowledgement of country poster Suggested social media posts 	'One simple question could help you close the gap' Information brochure <i>Australian Institute of Health and Welfare</i>
Cancer Council Victoria	Murray PHN (video by Sista Girl Productions / Inner North West Primary Care Partnership)	
https://screeningresources.cancervic.org.au/communities/aboriginal- or-torres-strait-islander-communities/talking-to-community-about- bowel-and-cervical-screening	https://www.murrayphn.org.au/portfolio-view/asking-question/	https://www.aihw.gov.au/reports-data/population-groups/indigenous- australians/indigenous- identification#:~:text=Brochure%20(306KB%20PDF,for%20staff

ABORIGINAL AND TORRES STRAIT ISLANDER SCREENING (CONT'D)

Clinical Resources Korin Korin Balit Djak: Aboriginal health, **Culturally Safe Resources for Self-Collected and** Video: Increasing cervical screening participation wellbeing **Clinician-Collected Cervical Screening** amongst Aboriginal communities and safety strategic plan 2017 - 2027 FREE Clinical resources are available for cervical Cancer Council Victoria Victorian Department of Health and Human screening providers in Victoria to offer Aboriginal and Torres Strait Islander patients during cervical Services screening consultations. The resources include: • Self-collected Cervical Screening Test (CST) kits in an Aboriginal designed zip-up pouch • Aboriginal designed towels for cliniciancollected CSTs Contact cancjerjourneyteam@vaccho.org.au to order these free resources ACPCC and Victorian Aboriginal Community Controlled Health Organisation https://www.dffh.vic.gov.au/publications/korin-korin-balit-djak https://acpcc.org.au/victorian-aboriginal-clinical-cervical-screeninghttps://youtu.be/FlznrCxBXB4 resources/

ABORIGINAL AND TORRES STRAIT ISLANDER SCREENING (CONT'D)

Clinical Resources

The Beautiful Shawl Project	'Flushed – A Coonie Could Save Your Life! –	Early detection and cancer screening
A collaborative model that provides a safe and	Teaser'	VACCHO's aim is to encourage Aboriginal and Torres
empowering screening experience for	Denise McGuinness (2010 Deadly Funny winner)	Strait Islander people to get cancer screening and
Aboriginal women. Local Community artists	combines her own style of humour with	health checkups to help improve the health and
produce beautiful screening shawls for	important information about cancer prevention in	wellbeing of Community.
Aboriginal women to wear during screening,	a stand-up comedy show for the Victorian Koori	Includes the "Don't miss a moment" campaign
and to keep afterwards.	community.	resources. A Community focused initiative dedicated
		to improving health outcomes by encouraging
Victorian Aboriginal Community Controlled	Cancer Council Victoria	Aboriginal and Torres Strait Islander people to get
Health Organisation and BreastScreen Victoria		health checkups and cancer screening. We
		encourage you to display these resources in your
		service.
		Victorian Aboriginal Community Controlled Health
		Organisation
https://www.vaccho.org.au/beautiful-shawl-project/	https://www.youtube.com/watch?v=JNEPa3IGRuU&t=4s	https://www.vaccho.org.au/cancer-and-screening/early-detection/

6. ENGAGING WITH UNDERSCREENED COMMUNITIES

Clinical Resources

Cancer Screening Hub: Resources

Free, downloadable resources to help underscreened communities prevent, understand and manage the impact of cancer. Examples include:

- Brochures, fact sheets and videos for patients
- Translated information in up to 20 languages
- Posters for your waiting room
- Template GP endorsement letter

Cancer Council Victoria

www.screeningresources.cancervic.org.au/resources

Caring for your health: Cervical Screening	LGBTIQ+ inclusive general practice –	Bowel screening educational resources
flipchart in plain English	examples of best practice	Includes 'Bowel Health and Screening' and 'Breast Health
A flipchart in plain English for community		and Screening' Flipcharts and Facilitator Manuals. Designed
health workers to facilitate culturally safe	Victorian Department of Health and Human	as tools to assist in providing education on bowel and
conversations about cervical screening.	Services	breast cancer and screening to people from different
		cultural backgrounds.
Cancer Council Victoria and Multicultural		
Centre for		Cancer Institute New South Wales
Women's Health		
https://screeningresources.cancervic.org.au/search?q=flipchart#:~:te	https://www.health.vic.gov.au/populations/inclusive-general-	https://www.cancer.nsw.gov.au/prevention-and-screening/screening-and-early-
xt=Caring%20for%20your%20health%3A%20cervical%20screening%2 Oflipchart	practice	detection/bowel-cancer-screening/bowel-screening-educational-resources

ENGAGING WITH UNDERSCREENED COMMUNITIES (CONT'D)

Enical Resources Sexual assault and cervical screening: A guide Female Genital Cutting (FGC) and cervical Toolkit for engaging under-screened and for practitioners screening: A guide for practitioners never-screened women in the National Cervical CASA Forum and Cancer Council Victoria **Screening Program** Cancer Council Victoria and Women's Health West FARREP Program Australian Government Department of Health https://www.cancervic.org.au/get-support/for-health-professionals/cervicalhttps://www.health.gov.au/our-work/NCSP-healthcare-provider-toolkit https://www.cancervic.org.au/get-support/for-healthprofessionals/cervical-screening-providers/cervical-screeningscreening-providers/cervical-screeningresources#:~:text=Sexual%20Assault%20%26%20Cervical%20Screenin resources#:~:text=Female%20Genital%20Cutting%20%26%20Cervical%20Scre g%3A%20a%20resource%20for ening%3A%20a%20guide%20for%20practitioners Cervical screening community education resources Includes a 'Cervical screening – taking care of your health' Flipchart and Facilitator Manual designed to support those providing information on cervical cancer and cervical screening to women from different cultural backgrounds, particularly those eligible to participate in the National Cervical Screening Program. Cancer Institute New South Wales https://www.cancer.nsw.gov.au/prevention-and-screening/screeningand-early-detection/cervical-screening/cervical-screeningcommunity-education-resources

ENGAGING WITH UNDERSCREENED COMMUNITIES (CONT'D)

Patient Resources

Cervical screening for LGBTIQ+ people This page shares stories from the community, provides information on cervical screening, debunks myths and misinformation for the LGBTIQ+ community, and helps you prepare for your Cervical Screening Test.	Breast/chest screening for trans and gender diverse People BreastScreen Victoria	Health Translations website Search by topic, e.g., 'cancer screening', for translated health information for patients. <i>Centre for Culture, Ethnicity and Health</i>
Cancer Council Victoria https://www.cancervic.org.au/cancer-information/screening/cervical- screening/everyone-with-a- cervix?fbclid=IwAR2WXyMrORH07MHdvW6vDORfks07bE5q9yjyyIDDhT tf0d-zQawPLP_gwYA	https://www.breastscreen.org.au/community-support/trans-and-gender- diverse-people/	https://www.healthtranslations.vic.gov.au/

7. CPD EDUCATION

Cervical Screening, HPV and Self-Collection: Clinical Education Course

Online education activity for GPs & Nurses

CPD points available:

RACGP: 4 hours Educational Activity, 3 hours Reviewing Performance, 5 hours Measuring Outcomes

ACRRM: 4 hours Educational Activity, 2 hours Reviewing Performance

APNA: 5hrs | ACN: 5hrs

https://gpex.com.au/course/cervical-screening-hpv-and-self-collection/

Breast Bowel and Cervical Cancer Screening: Clinical Education Course

7-hour educational activity for GPs and Nurses

CPD points available:

RACGP 5.5hrs Educational Activity, 1.5 Reviewing Performance

ACRRM 5.5hrs Educational Activity, 1.5 Reviewing Performance

https://gpex.com.au/course/breast-bowel-and-cervical-cancer-screening-clinical-education-module/

Referrals to Familial Cancer Centres for BRCA 1 and BRCA 2 testing

1-hour education activity to help practitioners identify patients that require referral to a familial cancer centre.

https://www.thinkgp.com.au/education/brca1-and-brca2-testing

Referrals to Familial Cancer Centres for Lynch syndrome risk assessment

1-hour education activity to help practitioners identify patients that require referral to a familial cancer centre.

https://www.thinkgp.com.au/education/lynch-syndrome

CPD EDUCATION (CONT'D)

Primary Health care for Trans, Gender Diverse, and Non-Binary People Module

1-hour education activity covering the diverse terminology, experiences, health issues, standards, and referral pathways with respect to trans, gender diverse, and non-binary (TGDNB) clients.

https://ecommerce.unimelb.edu.au/primary-health-care-for-tgdnb

ACCESS MORE EDUCATION ON CANCER SCREENING HERE:

Cancer Council Victoria Online Learning

https://www.cancer.org.au/health-professionals/resources/online-learning

Australian Centre for the Prevention of Cervical Cancer Education for Practitioners

https://acpcc.org.au/practitioners/education/